**Kindness Rocks**


**Materials:** Found or purchased rocks, spray paint or acrylic paints (optional), paint brushes, Sharpie permanent markers or oil based paint pens in various colors, clear acrylic spray or mod podge (optional)

**Background Information:** The Kindness Rocks Project™ encourages people to leave rocks painted with inspiring messages along the path of life. The purpose is simple, to cultivate connections within communities and lift others up through simple acts of kindness.

Video: [https://www.youtube.com/watch?v=e_iBnQ19Yhs](https://www.youtube.com/watch?v=e_iBnQ19Yhs)

Website: [https://www.thekindnessrocksproject.com/](https://www.thekindnessrocksproject.com/)

**STEM Career Connection:** Writers use words to share ideas and messages. Artists use a variety of media to showcase their work.

**Literature Connections:** *Have you Filled a Bucket Today?* by Carol McCloud, *Last Stop on Market Street* by Matt de la Pena

**Challenge:**

1. Prepare the rocks by washing them and letting them dry. If you want, paint all the surfaces of rocks with acrylic paint or spray paint.
2. Once rocks have dried, write a positive message on the rock. Add designs.
3. To protect your artwork from the elements and to prevent fading, use a non toxic sealant such as Mod Podge or a clear acrylic spray to seal your rock. Make sure your artwork has dried completely before sealing.
4. Put your rocks outside and share your positive message with others.